

## Lilliput 5k Series - Day 3 (25/04/2018)

## Points &amp; Time Report

You must attend all 3 races in order to qualify for points allocation.

| Rank                   | Bib # | Name                        | Club                | Time        | Speed     | Pace      | Points |
|------------------------|-------|-----------------------------|---------------------|-------------|-----------|-----------|--------|
| <b>Female Over 40</b>  |       |                             |                     |             |           |           |        |
| 1.                     | 880   | <i>R, Paul</i>              |                     | 00:20:18,50 | 14.77 kph | 04:03 /km | 1      |
| <b>Female Under 40</b> |       |                             |                     |             |           |           |        |
| 1.                     | 829   | <i>Cheetham, Brona</i>      |                     | 00:20:34,22 | 14.58 kph | 04:06 /km | 1      |
| 2.                     | 808   | <i>Callan, Emeline</i>      | Canicross Ireland   | 00:22:35,81 | 13.28 kph | 04:31 /km | 2      |
| 3.                     | 831   | <i>McEntegart, Patricia</i> |                     | 00:22:46,82 | 13.17 kph | 04:33 /km | 3      |
| 4.                     | 864   | <i>Carroll, Rebecca</i>     |                     | 00:23:59,59 | 12.5 kph  | 04:47 /km | 4      |
| 5.                     | 863   | <i>Pidgeon, Mary</i>        |                     | 00:28:25,78 | 10.55 kph | 05:41 /km | 5      |
| 6.                     | 810   | <i>Wallace, Sheila</i>      |                     | 00:29:02,86 | 10.33 kph | 05:48 /km | 6      |
| <b>Female Under 40</b> |       |                             |                     |             |           |           |        |
| 1.                     | 823   | <i>Whitelaw, Sinead</i>     | Mullingar Harriers  | 00:20:36,57 | 14.56 kph | 04:07 /km | 1      |
| 2.                     | 813   | <i>Hickson, Joan</i>        | Naas Athletics Club | 00:21:44,67 | 13.8 kph  | 04:20 /km | 2      |
| 3.                     | 851   | <i>Mahony, Amy</i>          |                     | 00:22:31,57 | 13.32 kph | 04:30 /km | 3      |
| 4.                     | 842   | <i>Gaynor, Louise</i>       |                     | 00:23:33,07 | 12.74 kph | 04:42 /km | 4      |
| 5.                     | 854   | <i>Murtagh, Niamh</i>       |                     | 00:23:38,27 | 12.69 kph | 04:43 /km | 5      |
| 6.                     | 821   | <i>Dolan, Deirdre</i>       |                     | 00:25:15,05 | 11.88 kph | 05:03 /km | 6      |
| 7.                     | 850   | <i>McCormack, Evilen</i>    |                     | 00:25:47,10 | 11.63 kph | 05:09 /km | 7      |
| 8.                     | 855   | <i>Brennan, Emer</i>        |                     | 00:27:47,08 | 10.8 kph  | 05:33 /km | 8      |
| 9.                     | 856   | <i>Fitzgerald, Sinead</i>   |                     | 00:29:14,95 | 10.26 kph | 05:50 /km | 9      |
| 10.                    | 817   | <i>Donoghue, Aoife</i>      |                     | 00:33:48,55 | 8.87 kph  | 06:45 /km | 10     |
| <b>Male Over 40</b>    |       |                             |                     |             |           |           |        |
| 1.                     | 812   | <i>Cahill, Christy</i>      | MCI                 | 00:19:28,83 | 15.4 kph  | 03:53 /km | 1      |

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**Points & Time Report**

| Rank | Bib # | Name                   | Club | Time        | Speed     | Pace      | Points |
|------|-------|------------------------|------|-------------|-----------|-----------|--------|
| 2.   | 869   | <i>Maye, Alan</i>      |      | 00:19:34,94 | 15.32 kph | 03:54 /km | 2      |
| 3.   | 833   | <i>Murray, Dermot</i>  |      | 00:19:47,66 | 15.16 kph | 03:57 /km | 3      |
| 4.   | 859   | <i>Whelan, Howard</i>  |      | 00:19:50,61 | 15.12 kph | 03:58 /km | 4      |
| 5.   | 827   | <i>Sinnott, Shay</i>   |      | 00:21:08,74 | 14.19 kph | 04:13 /km | 5      |
| 6.   | 870   | <i>Leech, Brendan</i>  |      | 00:21:17,26 | 14.09 kph | 04:15 /km | 6      |
| 7.   | 867   | <i>Mccann, Quentin</i> |      | 00:21:37,45 | 13.87 kph | 04:19 /km | 7      |
| 8.   | 858   | <i>Devlin, Gerard</i>  |      | 00:34:49,44 | 8.61 kph  | 06:57 /km | 8      |

**Male Under 40**

|     |     |                          |                       |             |           |           |    |
|-----|-----|--------------------------|-----------------------|-------------|-----------|-----------|----|
| 1.  | 866 | <i>Middleton, Derek</i>  |                       | 00:18:38,76 | 16.09 kph | 03:43 /km | 1  |
| 2.  | 848 | <i>Geoghegan, Kedagh</i> |                       | 00:18:46,02 | 15.99 kph | 03:45 /km | 2  |
| 3.  | 809 | <i>Keaney, Derek</i>     |                       | 00:19:12,38 | 15.62 kph | 03:50 /km | 3  |
| 4.  | 838 | <i>Ganly, John</i>       |                       | 00:19:23,35 | 15.47 kph | 03:52 /km | 4  |
| 5.  | 834 | <i>Byrne, Vinny</i>      |                       | 00:19:55,21 | 15.06 kph | 03:59 /km | 5  |
| 6.  | 849 | <i>McCormack, Colm</i>   |                       | 00:20:13,06 | 14.84 kph | 04:02 /km | 6  |
| 7.  | 804 | <i>Salmon, Eric</i>      |                       | 00:20:29,51 | 14.64 kph | 04:05 /km | 7  |
| 8.  | 868 | <i>Mccarty, Tommy</i>    |                       | 00:20:49,11 | 14.41 kph | 04:09 /km | 8  |
| 9.  | 839 | <i>Stenson, Colin</i>    |                       | 00:21:02,83 | 14.25 kph | 04:12 /km | 9  |
| 10. | 815 | <i>Nolan, Adam</i>       |                       | 00:22:17,71 | 13.46 kph | 04:27 /km | 10 |
| 11. | 845 | <i>Nohilly, Shane</i>    | Maurice Looby Fitness | 00:22:23,16 | 13.4 kph  | 04:28 /km | 11 |
| 12. | 865 | <i>Chris, Criebbin</i>   |                       | 00:23:31,91 | 12.75 kph | 04:42 /km | 12 |
| 13. | 816 | <i>O'Brien, Kevin</i>    |                       | 00:24:18,03 | 12.35 kph | 04:51 /km | 13 |
| 14. | 811 | <i>Larkin, Patrick</i>   |                       | 00:24:18,11 | 12.34 kph | 04:51 /km | 14 |